

# BREAKFAST MENU

## MAIN DISHES

### EDEN ONE BREAKFAST: YOUR STYLE 16

2 slices of sourdough bread or bao buns with butter, relish and choice of 3 eggs – fried, poached or scrambled.

*Choose two*

Bacon  
Pork Sausage  
Black Pudding

*Choose two*

Avocado  
Tomato  
Mushroom  
Spinach  
Beans

*Contains: Wheat, Oats, Milk, Eggs, Fish, Mustard*

### PORRIDGE 8

Porridge cooked in coconut milk and honey with mixed berries on top.  
*Contains: Oats*

### EDEN HOME MADE GRANOLA WINTER EDITION 9

Natural Greek style Irish yogurt with berry puree and honey roasted oats with cinnamon topped with Irish berries.  
*Contains: Milk, Oats, Pistachio, Hazelnut*

### EGG WHITE OMELETTE WITH TOASTED SOURDOUGH BREAD 14

Choose two:  
Bacon, cheddar, feta, tomato, spinach, chilli, mushroom, spring onion  
*Contains: Wheat, Eggs, Milk*

### WHOLE EGGS OMELETTE WITH TOASTED SOURDOUGH BREAD 14

Choose two:  
Bacon, cheddar, feta, tomato, spinach, chilli, mushroom, spring onion  
*Contains: Wheat, Eggs, Milk*

## SAVOURY WAFFLE 13

Waffle with choice of eggs, bacon and relish.  
*Contains: Wheat, Eggs, Milk, Mustard*

## SWEET WAFFLE 13

Waffle with vanilla and yuzu custard and fresh berries and bananas.  
*Contains: Wheat, Eggs, Milk*

## FULL IRISH BREAKFAST BAO BUN 12

Bao buns with 2 pork sausages, 1 black pudding, 2 fried eggs, mushrooms and beans on side.  
*Contains: Wheat, Oats, Eggs*

## AVOCADO TOAST 10 VEGAN

Avocado puree on toasted sourdough bread with sundried tomatoes.

Additional toppings are available, please ask your waiter.

*Contains: Wheat*

# TAKE AWAY BREAKFAST MENU

<p><b>PISTACHIO OVERNIGHT OATS</b> <span style="float: right;">€6.00</span>  <i>Overnight oats made with coconut milk, pistachio, flaxseeds, sunflower seeds, pumpkin seeds, honey and blueberries.</i>  <i>Contains: Oats, Pistachio</i></p>	<p><b>PROTEIN BALLS</b> <span style="float: right;">€3.00</span>  <i>Protein balls made with oats, pistachio, banana, cacao powder, honey, peanut butter and almond milk.</i>  <i>Contains: Oats, Almonds, Pistachio, Peanut</i></p>
<p><b>ACAI OVERNIGHT OATS</b> <span style="float: right;">€6.00</span>  <i>Overnight oats made with almond milk, acai puree, chia seeds, bananas, blueberries and beetroot powder.</i>  <i>Contains: Oats, Almond</i></p>	<p><b>CROISSANT</b> <span style="float: right;">€3.00</span>  <i>Contains: Wheat, Milk, Eggs</i></p>
<p><b>CHIA PUDDING</b> <span style="float: right;">€5.00</span>  <i>Chia pudding made with coconut milk, Morello cherry puree and honey.</i></p>	<p><b>ALMOND CROISSANT</b> <span style="float: right;">€3.50</span>  <i>Contains: Wheat, Almonds, Milk, Eggs</i></p>
<p><b>FRUIT CUP</b> <span style="float: right;">€4.50</span>  <i>Mango, coconut puree, mango puree, blueberries and fresh passion fruit.</i>  <i>Contains: Oats, Almond</i></p>	<p><b>CHOCOLATE CROISSANT</b> <span style="float: right;">€3.50</span>  <i>Contains: Wheat, Milk, Eggs</i></p>